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Supplementary Table S1 Original English and definitive version of the Brazilian Portuguese translation

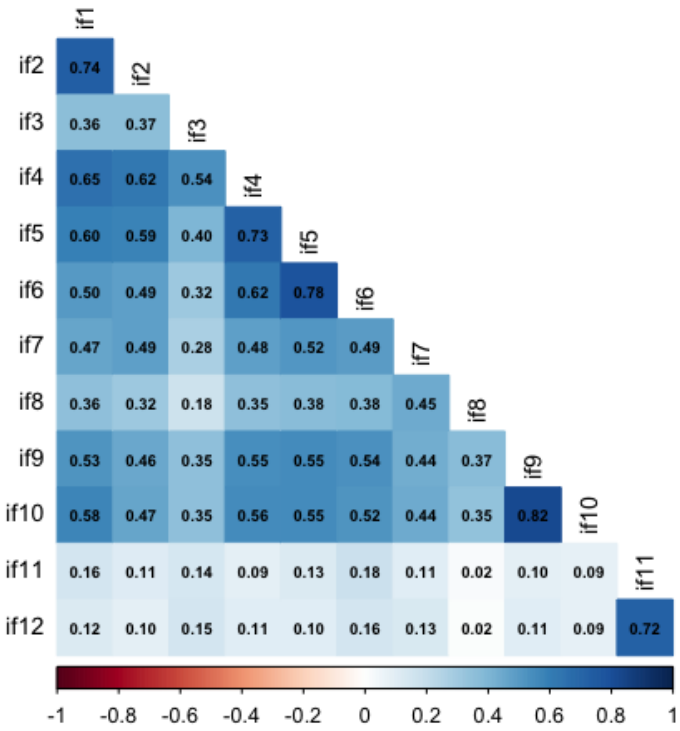
	Original English version	**Brazilian Portuguese cross-culturally adapted version**
	Domain 1: Happiness and Life Satisfaction	Domínio 1: Felicidade e Satisfação de Vida
If1	Overall, how satisfied are you with life as a whole these days? 0 = Not Satisfied at All, 10 = Completely Satisfied	De modo geral, o quão satisfeito você tem estado com sua vida como um todo atualmente? 0=Nada satisfeito 10=Completamente Satisfeito
If2	In general, how happy or unhappy do you usually feel? 0 = Extremely Unhappy, 10 = Extremely Happy	Em geral, o quão feliz ou infeliz você geralmente se sente? 0=Extremamente Infeliz, 10=Extremamente Feliz
	Domain 2: Mental and Physical Health.	Domínio 2: Saúde Física e Mental
If3	In general, how would you rate your physical health? 0 = Poor, 10 = Excellent	De modo geral, como você classificaria sua saúde física? 0=Ruim, 10=Excelente
If4	How would you rate your overall mental health? 0 = Poor, 10 = Excellent	Como você classificaria sua saúde mental em geral? 0=Ruim, 10=Excelente
	Domain 3: Meaning and Purpose.	Domínio 3: Significado e Propósito
If5	Overall, to what extent do you feel the things you do in your life are worthwhile? 0 = Not at All Worthwhile, 10 = Completely Worthwhile	Em geral, o quanto você sente que as coisas que você faz em sua vida valem a pena? 0=Em nada valem a pena, 10=Valem a pena completamente
If6	I understand my purpose in life. 0 = Strongly Disagree, 10 = Strongly Agree	Eu entendo meu propósito de vida. 0=Discordo fortemente, 10=Concordo fortemente
	Domain 4: Character and Virtue.	Domínio 4: Caráter e Virtude
If7	I always act to promote good in all circumstances, even in difficult and challenging situations. 0 = Not True of Me, 10 = Completely True of Me	Eu sempre ajo para promover o bem em todas as circunstâncias, mesmo em situações difíceis e desafiadoras. 0=Completamente falso para mim, 10=Completamente verdadeiro para mim
If8	I am always able to give up some happiness now for greater happiness later. 0 = Not True of Me, 10 = Completely True of Me	Eu sou sempre capaz de abrir mão de um tanto de felicidade agora por uma felicidade maior mais tarde. 0= Completamente falso para mim, 10=Completamente verdadeiro para mim
	Domain 5: Close Social Relationships.	Domínio 5: Relações Sociais Próximas
If9	I am content with my friendships and relationships. 0 = Strongly Disagree, 10 = Strongly Agree	Eu estou satisfeito com minhas amizades e relacionamentos. 0=Discordo fortemente, 10=Concordo fortemente

If10	My relationships are as satisfying as I would want them to be. 0 = Strongly Disagree, 10 = Strongly Agree	Meus relacionamentos estão tão satisfatórios quanto eu gostaria que eles estivessem. 0=Discordo fortemente, 10=Concordo fortemente
	Domain 6: Financial and Material Stability.	Domínio 6: Estabilidade Material e Financeira.
If11	How often do you worry about being able to meet normal monthly living expenses? 0 = Worry All of the Time, 10 = Do Not Ever Worry	Com que frequência você se preocupa sobre ser capaz de arcar com suas despesas mensais normais? 0=Me preocupo o tempo todo, 10=Nunca me preocupo
If12	How often do you worry about safety, food, or housing? 0 = Worry All of the Time, 10 = Do Not Ever Worry	Com que frequência você se preocupa com segurança, comida ou moradia? 0=Me preocupo o tempo todo, 10=Nunca me preocupo

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Supplementary Material S1 Secure Flourishing Index (12 items)

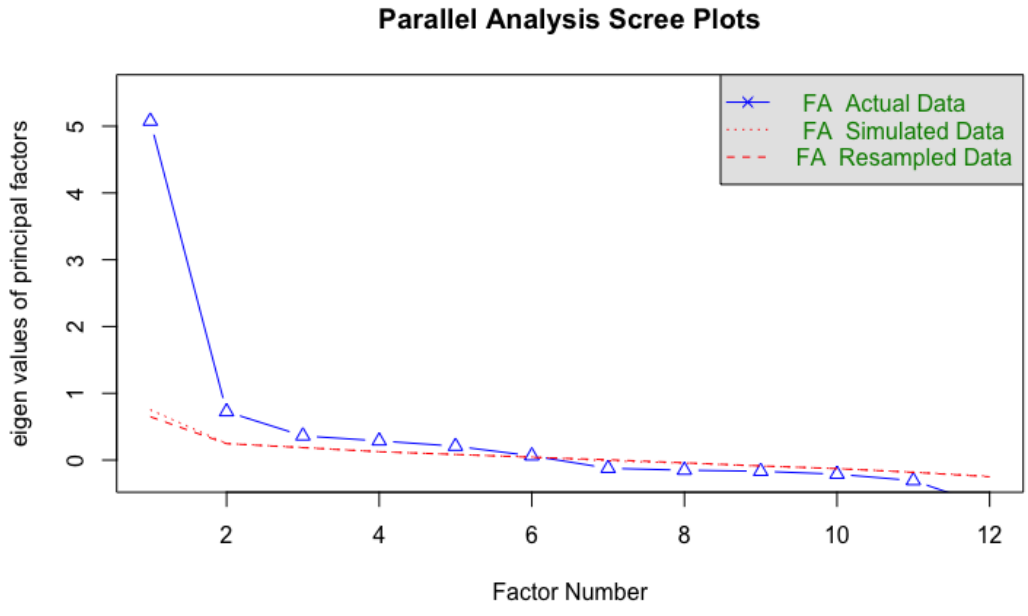
Correlations



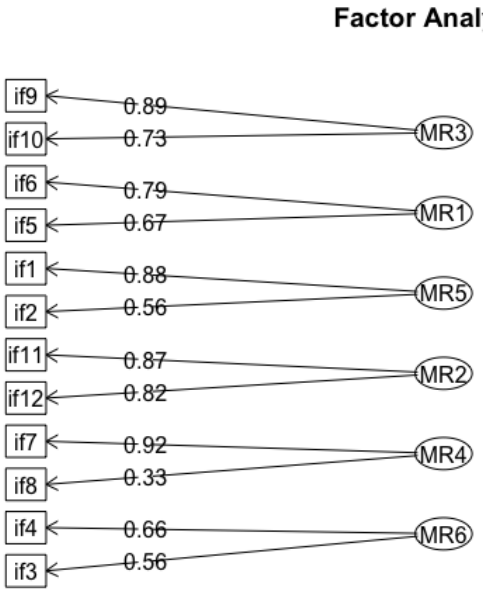
KMO – Overall MAS = 0.85
MSA for each item =
if1 if2 if3 if4 if5 if6 if7 if8 if9 if10 if11 if12
0.88 0.89 0.90 0.91 0.88 0.88 0.94 0.92 0.83 0.83 0.56 0.56

Bartlett's K-squared = 259.39, df = 11, p-value < 0.001

Parallel analysis = 6



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Cronbach's alphas

Dimension	Alphas
d1 = if1 + if2	0.85
d2 = if3 + if4	0.70
d3 = if5 + if6	0.87
d4 = if7 + if8	0.60
d5 = if9 + if10	0.90
d6 = if11 + if12	0.84
Unidimensional	0.86

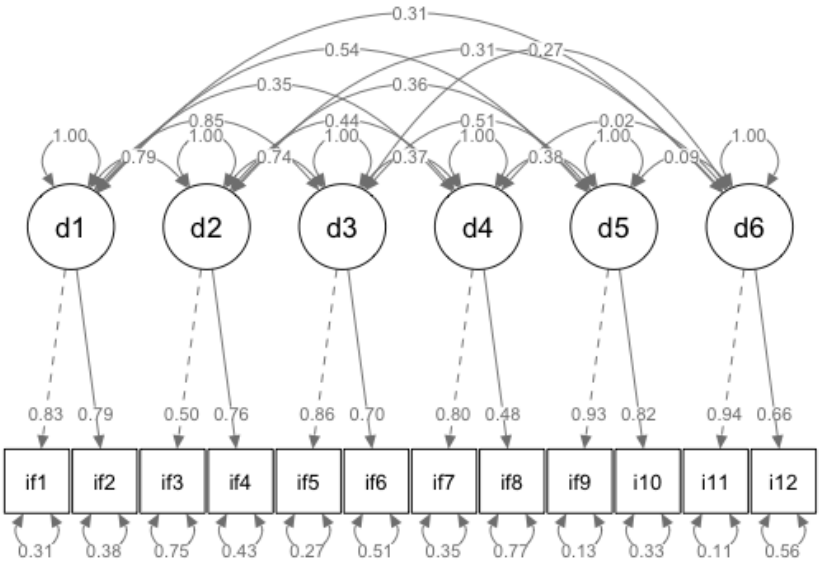
Omega hierarchical – Unidimensionality

Omega – Hierarchical = 0.83 (it should be greater than 0.8 for the scale to be used unidimensional as well)
Omega total = 0.92

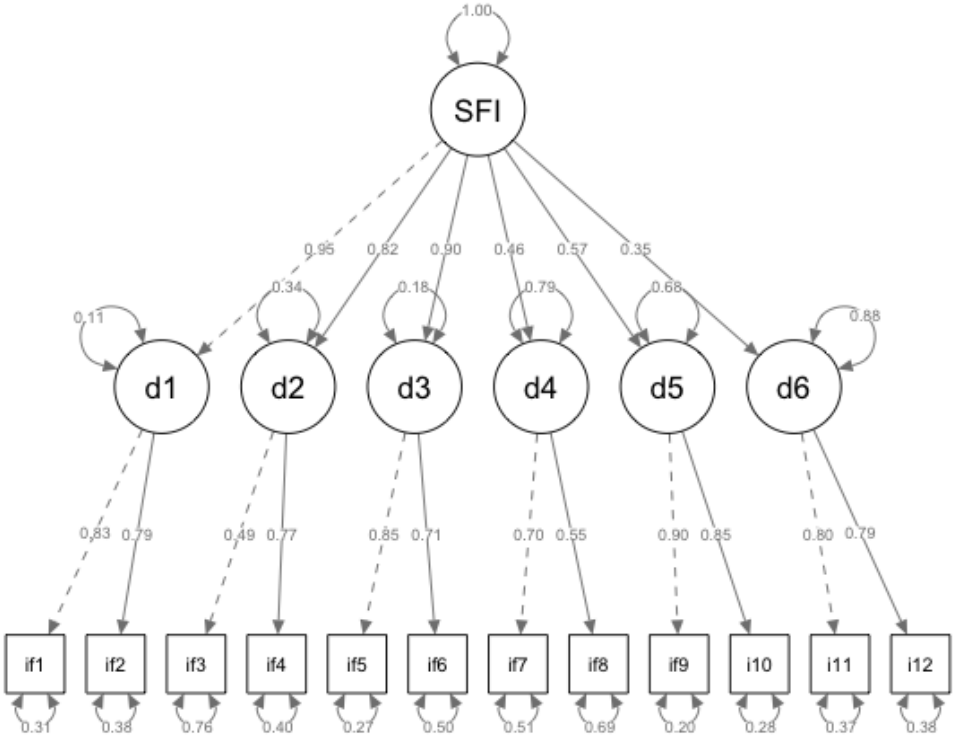
http://doi.org/10.47626/1516-4446-2025-4216

Confirmatory Factor analysis

6 factors
RMSEA = 0.047
SRMR = 0.045
CFI = 0.980
TLI = 0.966

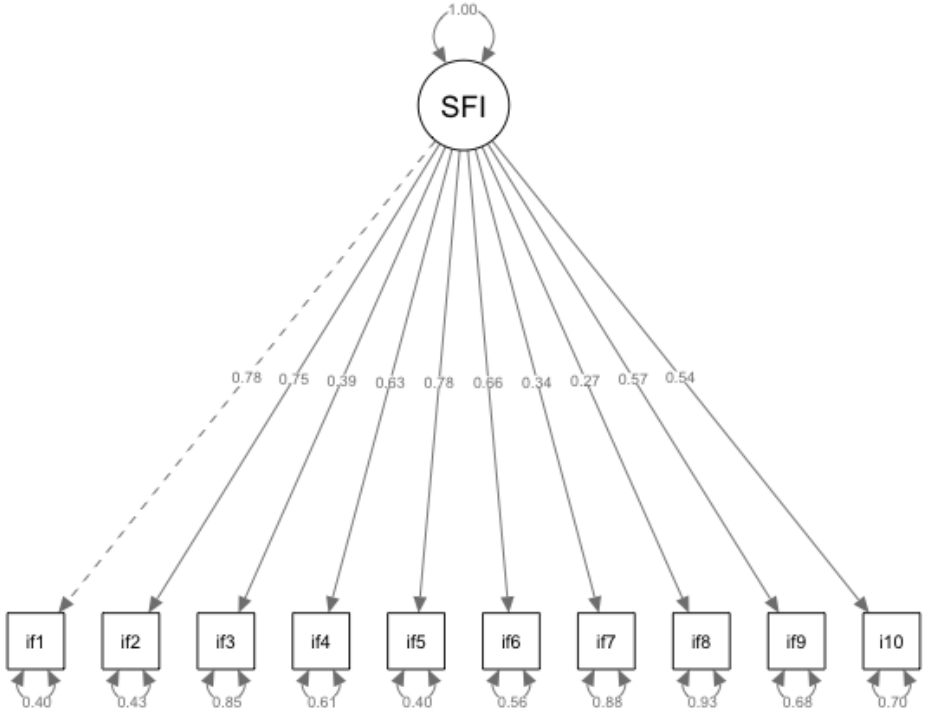


6 factors, high-order
RMSEA = 0.048
SRMR = 0.046
CFI = 0.974
TLI = 0.964



http://doi.org/10.47626/1516-4446-2025-4216

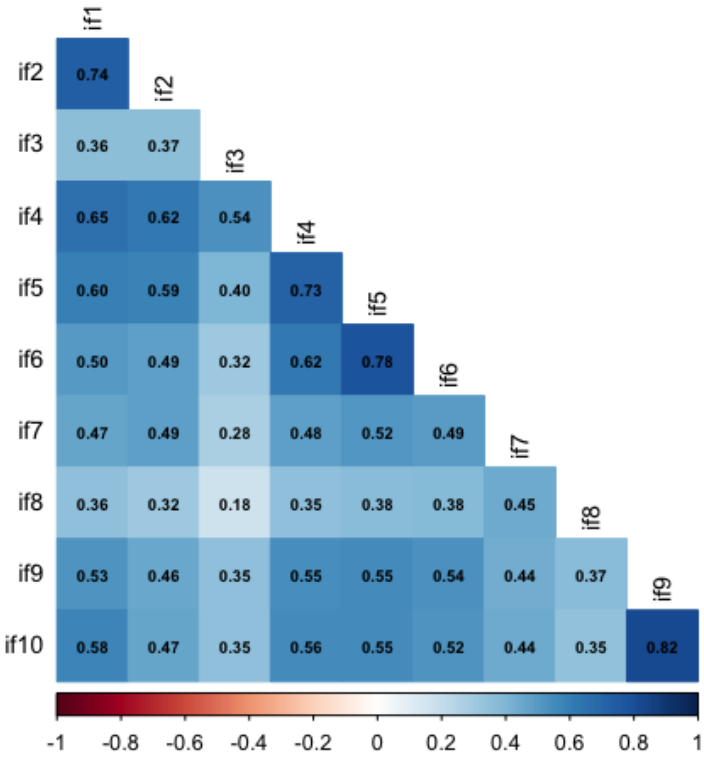
Unidimensional
RMSEA = 0.157
SRMR = 0.102
CFI = 0.683
TLI = 0.612



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Supplementary Material S2 Flourishing Index (10 items)

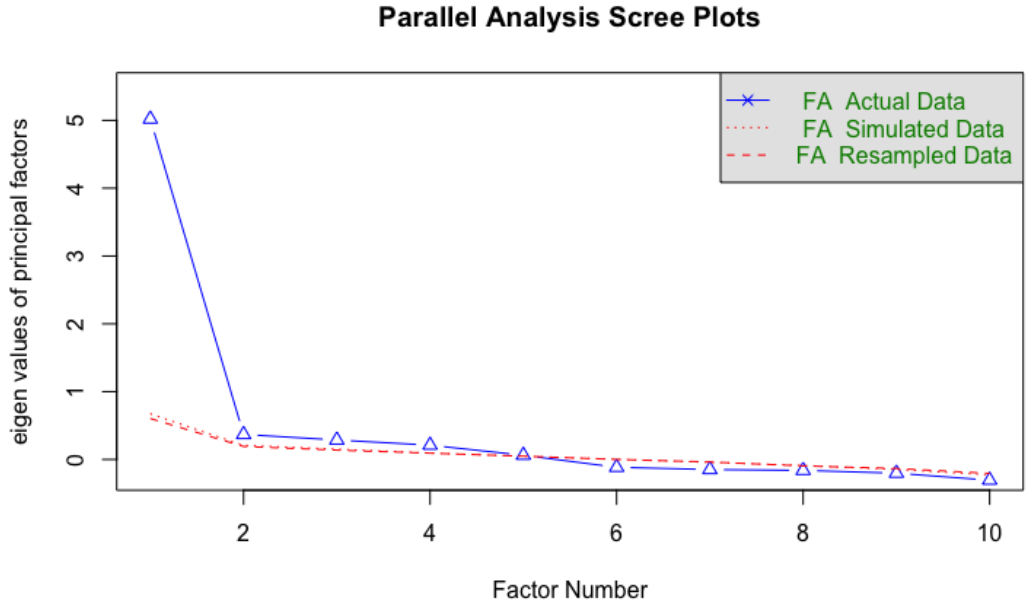
Correlations



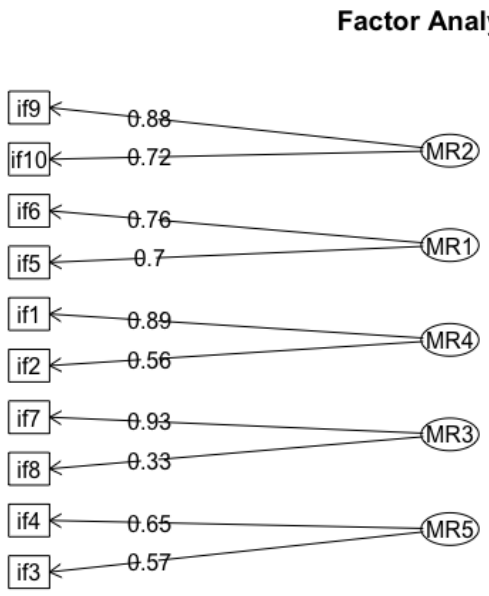
Overall MSA = 0.88
MSA for each item =
if1 if2 if3 if4 if5 if6 if7 if8 if9 if10
0.88 0.88 0.90 0.92 0.88 0.88 0.94 0.93 0.83 0.83

Bartlett's K-squared = 54.4, df = 9, p-value <0.001

Parallel analysis = 5



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Cronbach's alphas

Dimension	Alphas
d1 = if1 + if2	0.85
d2 = if3 + if4	0.70
d3 = if5 + if6	0.87
d4 = if7 + if8	0.60
d5 = if9 + if10	0.90
Unidimensional	0.90

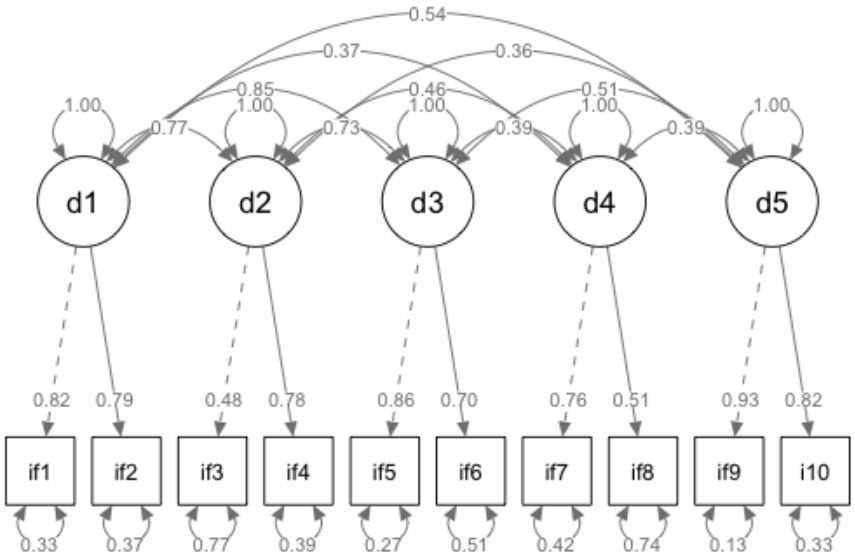
Omega hierarchical – Unidimensionality

Omega – Hierarchical = 0.8 (it should be greater than 0.8 for the scale to be used unidimensional as well)
Omega total = 0.93

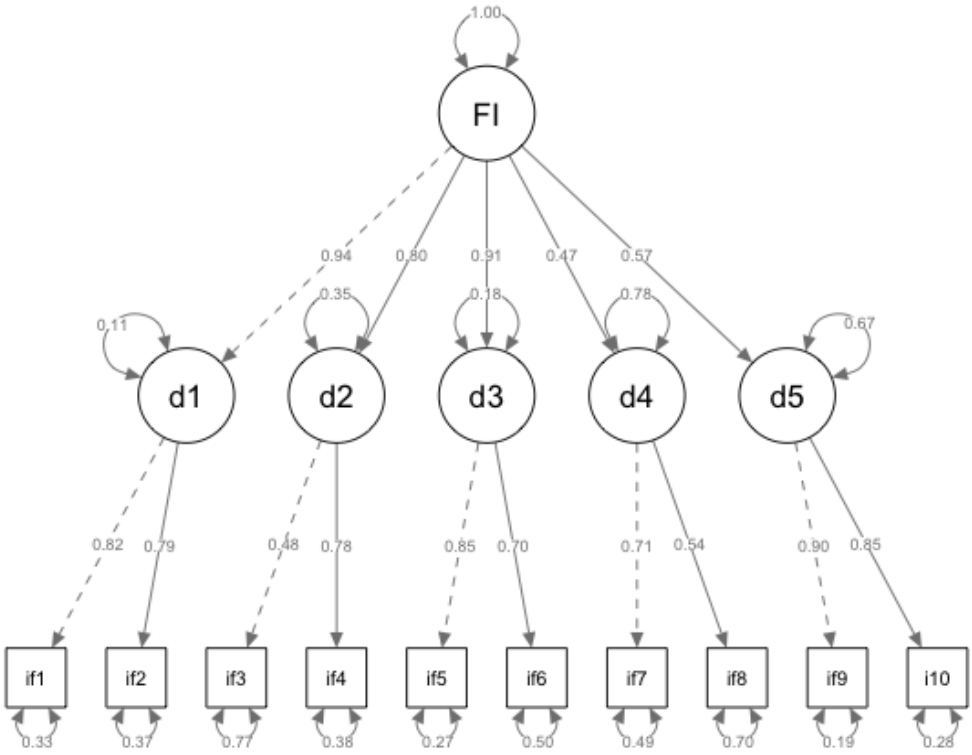
http://doi.org/10.47626/1516-4446-2025-4216

Confirmatory factor analysis

5-factors
RMSEA = 0.033
SRMR = 0.028
CFI = 0.992
TLI = 0.986



5-factors – high order
RMSEA = 0.043
SRMR = 0.043
CFI = 0.985
TLI = 0.977



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Unidimensional
RMSEA = 0.156
SRMR = 0.087
CFI = 0.764
TLI = 0.696

